

EAST SIDE BAPTIST CHURCH
529 East Court St
Sunday, Sept. 12, 10:45 am—11:20 am
Phone: 476-4116 (S. Bandy)

FIRST UNITED METHODIST CHURCH
404 West Main
Sunday, Sept. 12, 8:30 am—11:00 am
Phone: 239-8541

FIRST UNITED METHODIST CHURCH
404 West Main
Tuesday-Friday, Sept. 7-10, 9 am—3 pm
239-8541 (Denise)

You may also order online: www.angelfoodministries.com

You MUST Bring A Large Box To Pick Up Your Food

Distribution Day: Saturday, September 18, 2010

**ALL FOOD BOXES MUST BE PAID FOR AT THE
TIME OF FOOD ORDER**

@ 12th Street Senior Center 8:00—9:30 am

Bit O' Blessing Box

- 2.5 lb. IQF Chicken Breast OR 4.5 lb. Perdue Whole Chicken
- 28 oz. Fully Cooked Meat Loaf
- 12 in. Supreme Pizza
- 1 lb. Lean Ground Beef
- 2 lb. Fully Cooked Mashed Potatoes
- 6.5 oz. Skillet Meal
- 1 lb. Rice Dessert

\$21.00

Just 4 Me

After School Box

An assortment of child-friendly snacks.
Great for after school or any time.

- 2 lb. Chicken Fingers/Popcorn Chicken
- 1.5 lb. Mini Corn Dogs
- 16 oz. String Cheese
- 2 (3 oz) Hot Dogs in Bun (individually wrapped)
- 2 (4.5 oz) Mini Cheese Burgers (2 twin packs)
- 4 (4 oz) Hot Pockets
- 2 (6.5 oz) Pizza's
- 2 (1.58 oz) White Castle Hamburgers (2 twin packs)
- 2 (2.8 oz) Peanut Butter and Jelly Jamwich

\$24.00

Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 3 lb. (avg) Family Tray Pack All Natural Split Chicken Breast
- 8 ct. Bean and Cheese Burritos
- 1.5 lb. Hamburger Patties (4 x 6 oz)
- 1.5 lb. Center Cut Boneless Pork Chops (6 x 4 oz)
- 1.5 lb. Breaded Chicken Breast Nuggets
- 1 lb. Lean Ground Beef
- 1 lb. All Beef Sausage
- 1 lb. French Cut Green Beans
- 1 lb. Garden peas
- 1 lb. Whole Kernel Corn
- 24 oz. Natural Cut French Fries
- 1 lb. Kidney Beans
- 1 lb. Rice
- 6 oz. Corn Bread Stuffing Mix
- 5.5 oz Pancake Mix
- 32 oz 2% Shelf Stable Milk
- 1 Dozen Eggs
- 6 ct Fried Apple Pie Sticks (2.75 oz each)

\$31.00

NEW!!!

Bountiful Blessing Box

- 28 oz. Fully Cooked Pot Roast (Pot Roast in Gravy with Red Wedge Potatoes, Carrots, Sliced Celery and Pearl Onions)
- 3 lb. (avg) Family Tray Pack All Natural Split chicken Breast
- 28 oz. Fully Cooked Broccoli, Rice and Chicken w/Cheese Dinner Entrée
- 8 ct. Bean and Cheese Burritos
- 1.5 lb. Hamburger Patties (4 x 6 oz)
- 1.5 lb Center Cut Boneless Pork Chops (6 x 4 oz)
- 1.5 lb Breaded Chicken Breast Nuggets
- 1 lb. Lean Ground Beef
- 1 lb. All Beef Sausage
- 1 lb. Crunchy Breaded Fish Wedges
- 1 lb. French Cut Green Beans
- 1 lb. Garden Peas
- 1 lb. Sliced Carrots
- 1 lb. Whole Kernel Corn
- 1 lb. Broccoli Florets
- 1 lb. Cauliflower Florets
- 24 oz. Natural Cut French Fries
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 6 oz. Corn Bread Stuffing Mix
- 5.5 oz Pancake Mix
- 32 oz. 2% Shelf Stable Milk
- 1 Dozen Eggs
- 6 ct. Fried Apple Pie Sticks (2.75 oz each)

\$41.00

Fast & Flavorful Cuisine

\$28.00

Convenience meals great for seniors and people living with diabetes!

Ten perfectly seasoned, nutritionally balanced, full-cooked meals - just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Roasted Chicken with Red Wedge Potatoes, Lima Beans and a Carrot/Celery Blend
- Chicken Alfredo with Fettuccini Noodles, Carrots and Broccoli
- Chicken Chow Mein with Noodles, Green Beans and Cauliflower
- Chicken Teriyaki with a Rice Blend, Carrots and Zucchini with Onions
- Sweet and Sour Chicken with Rice, Okra with Onions and Carrots
- Salisbury Steak and Gravy with Red Wedge Potatoes, a Green Pea/Carrot Blend, and Green Beans
- Homestyle Chili made with Beef and Beans with a yellow Squash/Red Pepper Blend and Green Beans
- Beef Stew with Diced Potatoes, Broccoli and a Zucchini/Red Pepper Blend
- Chicken Mexicana with Bell Peppers and Onions in a Chili Sauce over Rice, with Corn and Brussels Sprouts
- Macaroni and Beef with Okra with Onions and Carrot

SEPTEMBER SPECIAL #1 \$25.00

Steak Combo Box (5 lbs)

- 3 lb. T-Bone Steaks (4 x 12 oz)
- 2 lb. New York Strip Steaks (4 x 8 Oz)

SEPTEMBER SPECIAL #2 22.00

Breaded Chicken Breast Nuggets (10 lb.)

- 10 lb. Breaded Chicken Breast Nuggets

SEPTEMBER SPECIAL #3 23.00

Premium Fresh Fruit and Veggie Box

- 3 lb. Idaho Potatoes
- 3 lb. Sweet Potatoes
- 3 lb. JonaMac Apples
- 2 lb. Yellow Onions
- 1 lb. Cello Carrots
- 1 Head Cello Lettuce
- 1 Head Green Cabbage
- 1 Avocado
- 1 Large Cantaloupe
- 1 Golden Ripe Pineapple
- 1 lb. Bag Kiwi
- 4 Lemons
- 4 Navel Oranges
- 4 Pears
- AFM Fruit and Veggie Recipe Sheet

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and quality.
We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

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www.angelfoodministries.com**